

Did You Know:

Expressing Anal Glands Externally Can Be Painful

- Expressing glands externally can pop the gland, expressing them internally is the safest and healthiest way to do it.
- We cannot physically see the glands as they are located inside the body, which means we cannot tell if they are swollen or infected before squeezing. If we squeeze them while they are infected or swollen, groomers can cause unnecessary pain and damage internally and externally.
- The anal gland is a gland located inside your pet, like the adrenal glands, and anything located inside your pet is veterinarian territory. This is why only veterinarians are allowed to express your pet's glands internally.
- If the gland fluid looks abnormal, your vet catches it right away and can diagnose your pet. If groomers do it, they may not realize something is wrong as groomers are not trained by veterinarians.
- Having your vet express the glands internally is the safest way and usually can be done as a quick walk in service.
- Groomers have no regulations and are not required to be educated in the state of Texas. Veterinarians are not teaching us how to express anal glands safely. Groomers are taught by other groomers and therefore may not be taught correctly. The safest way to express anal glands is by your veterinarian.